

Samantha's Story

"I feel like I am in a better place since coming here."

Dread. Fear. Anxiety. Helplessness. Hopelessness. Samantha arrived at the Survivor Resource Center overwhelmed by these emotions. She had taken a courageous and critical first step—filing an emergency Domestic Violence Protective Order against her ex-boyfriend—but needed emotional support and counseling to shift from “survival mode” to long-term healing. Samantha also needed help to cover everyday expenses like rent and food and find full-time employment. She worked with navigator staff at the center to create a safety plan and worked with Economic Services and Community Support Services to file for food stamps and N.C. Medicaid. Samantha started weekly sessions with a Survivor Resource Center counselor, and she found full-time employment. Samantha continues to find emotional support and ongoing advocacy services at the center – a place, she said, where she feels safe and empowered.